



DONATION REQUEST

Women and Wellness is a unique and popular annual “party with a purpose” designed to give women a night off while increasing awareness of mental health issues and raising funds to support the work of the Canadian Mental Health Association – PEI Division. To ensure that women from all walks of life can enjoy the event, attendance is FREE by invitation thanks to the generous support of our corporate sponsors.



**Canadian Mental
Health Association**
Prince Edward Island
Mental health for all

DATE
NOVEMBER 3, 2018

EMCEE
KERRI-WYNNE
MACLEOD

GUEST PRESENTERS
DENISE DOIRON,
ASHLEY BELANGER-BIRT
& AL DOUGLAS

GUEST PERFORMER
TARA MACLEAN

HOR D'OERVES
CHEF EMILY WELLS

VENUE
MURCHISON CENTRE
CHARLOTTETOWN

**CANADIAN MENTAL
HEALTH ASSOC.**

178 Fitzroy Street
Charlottetown, PE
C1A 7L9

www.pei.cmha.ca
902-628-3668

THE EVENT

Women and Wellness grew out of one family's loss of a son and brother by suicide and their resulting awareness of how common, yet hidden, mental illnesses continue to be. Again this year, women from across Canada will attend Women and Wellness events raising thousands of dollars in support of the programs and services delivered by their provincial/local CMHA divisions.

This year will mark the 10th year this event will have taken place in PEI to a packed room. Ticket holders will enjoy the quick wit of **master of ceremonies, Kerri-Wynne MacLeod**, heartfelt stories, first-hand accounts and wisdom from **local guest speakers, Denise Doiron, Ashley Belanger-Birt and Al Douglas**, the soulful music of **singer/songwriter, Tara MacLean** and delicious creations from **Chef Emily Wells** (The Mill in New Glasgow).

Attendees will be encouraged to participate in a silent auction, raffles and 50/50 to help meet fundraising goals. For more information, please visit www.womenandwellnesspei.com.



HOW YOU CAN HELP

The success of our event is largely due to our sponsors, partners and supporters. We hope that you will join presenting sponsor D.P. Murphy Inc. by contributing to our event through a donation to the silent auction and/or raffle baskets. The silent auction and raffle baskets feature an array of items from gift cards to products representing leisure and cultural activities, goods and services and a myriad of culinary delights.

You may also choose to make a straight cash donation (receipts available).

CMHA-PEI Charitable Tax Number: 106863590 RR0001

Contact:

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